

# Keep **LOOKING** when **COOKING**

**DISTRACTIONS** can quickly **LEAD** to a **KITCHEN FIRE**

45% of all NSW house fires start in the kitchen.

Firefighters respond to 3,865 house fires.

Kitchen fires cause 34% of fire-related injuries in NSW.

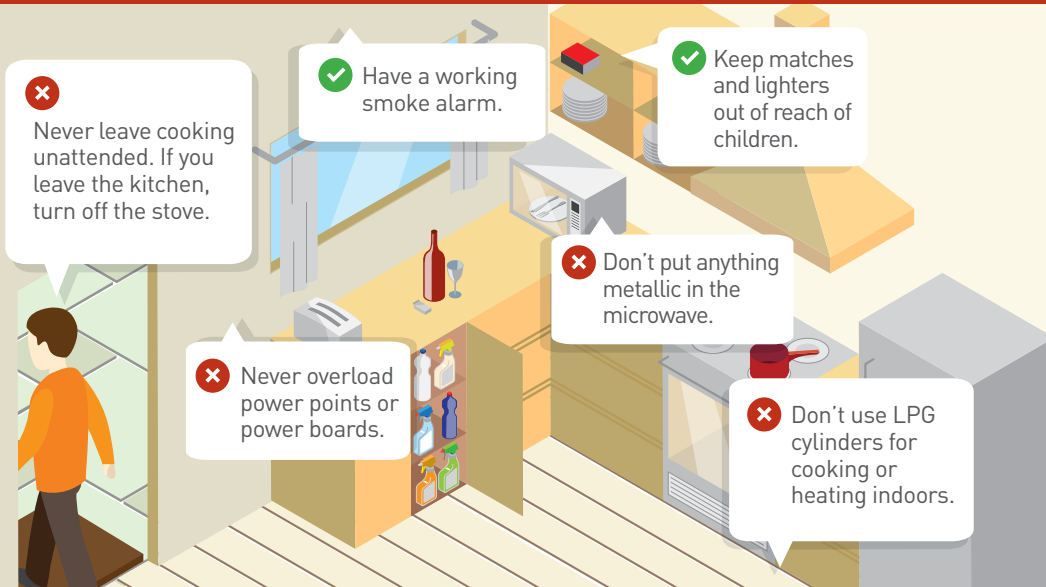
500 people are injured in house fires.

Unattended heat sources are the main cause of kitchen fires.

Kitchen fires cause hundreds of thousands of \$ in damage.

It takes just three minutes for a fire to take hold... but only seconds to prevent one.

Each winter, there's a 10% increase in fires starting in bedrooms/loungerooms.



## IF YOUR PAN CATCHES FIRE HERE'S WHAT TO DO.



Turn off the stove (if safe to do so) and use the lid to cover the flame.



Never use water to put out a fat or oil fire.



Use a fire extinguisher or fire blanket in the first few seconds of ignition if you are confident.



Leave the kitchen, close the door and call Triple Zero '000'.